1. Your wish is whose command?

2. When you go through the training, you virtually have your own _____________ __________.

3. The basic training teaches you what?

4. Who do you listen to?

5. Who do you ultimately listen to?

6. On a scale of one to ten, how would you rate your belief that this stuff actually works? 10 being the highest, 1 being the lowest.
   a. ______

7. 99.9% of all the books and seminars and courses on how to make money are written by people who have made a lot of money or have not made a lot of money?

8. Generally, where did these people make most of their money?

9. If a super wealthy person wrote a book on how to make money, did they actually write the books themselves or did they have a ghost writer write it?

10. If a super wealthy person wrote a book on how to make money, did they even read the book that they allegedly wrote?

11. The super wealthy believe that the ability to create wealth comes from ________________.

12. Members of secret societies kept the secrets between which two groups?
13. In these societies, how is training done?

14. What are the two variables in the teachability index?

15. I don’t know what ______ _________ _________.

16. Will you ever totally “get it”?

17. If you want things in your life to change, you’re going to have to do what?

18. The most important thing you need to change is what?

19. Does your teachability index change from time to time?

20. Should you listen or should you wait for your turn to talk?

21. If you’re not growing, you’re what?

22. How do you know you have a high teachability index?

23. How much time are you willing to put in? How much money are you willing to put in? What are you willing to give up?
24. You must master the step you’re on before you get to _______ _______ _______.

25. Only focus on learning the next logical _____________.

26. Success Builds _____________.

27. Confidence creates _____________.

28. Activity creates _____________.

29. What’s the optimal length of time to listen to CD’s or do training?

30. What kind of music should you listen to while learning new information?

31. How often should you focus on the teachability index?

32. How do you eat an elephant?

33. Go as far as you can see and when you get there, _______ _______ _______.

34. Please list the words that belong on each side of the training balance scale.
   a. The Why (Attitude)
   b. The How (Action)
35. What side of the training balance scale is 90% of success?

36. Thinking about the ____________ can almost guarantee failure.

37. To be successful you must know “how to do something”, you must know techniques and you must have skills.
   a. True
   b. False

38. All successful people did not know “the how.” Rather, they knew what they wanted, instead of “how” to achieve it.
   a. True
   b. False

39. When your attitude is right, _______ _________ _________ ________.

40. The above statement is true because what most people think are facts are actually what?

41. Who bought up all the ships at the end of World War II and became the richest man in the world?

42. The wealthiest man in the world to first release this information to the masses was:

43. The person he used to publish the works, first revealing this information, was:

44. The first book written that revealed Andrew Carnegie’s material was what?

45. The first basic concept in Your Wish Is Your Command is…

46. The second basic concept in Your Wish Is Your Command is…
47. The third basic concept in Your Wish Is Your Command is...

48. What are the four steps of learning?

49. Focus on your ____________, not on the ____________.

50. How do you get to unconscious competence?

51. Success breeds ____________.

52. What is created in the brain when you reach unconscious competence?

53. The first two reasons people don’t succeed are:

54. To know and not to do is ________ ________ _____________.

55. To be a master you must master ________ _____________.

56. A punch is not a punch. It is a _____________.

57. I am not afraid of the 10,000 strikes you know you’ve practiced only once, I am afraid of...

58. When can you stop focusing on and learning the basics?
59. What is the best way to really learn this information?

60. Who do you teach it to?

61. Why is it important to read books or listen to audios over and over again?

62. What is the fifth basic concept in Your Wish Is Your Command?

63. When you think you’ve got it, it means you have a _______ _______________ ________.

64. What is the strangest secret?

65. Who wrote it?

66. Napoleon Hill says, *Whatever the mind of man can conceive…*

67. Have you watched the DVD and read the book, *The Secret*?
   a. Yes
   b. No

68. In the movie & book, *The Secret*, what law was described?

69. Can you have, be, or do anything and everything you want?
   a. Yes
   b. No
70. The brain is a ______________ and ______________ of frequency, vibration or energy.

71. Everything in the universe is made up of the same thing. What is it?

72. If you continue to think like you've always thought, you'll what?

73. Your brain puts out ___________________ that affect physical matter.

74. Your brainwave frequencies _______________ instantaneously.

75. Unlike radio transmissions, your brainwave frequency transmissions do not travel how?

76. The most powerful transmitter and receiver of frequency or vibration is your ____________.

77. The fastest transmitter and receiver of frequency or vibration is also your ________________.

78. What happens when you emit a frequency?

79. What is the genie that will grant your every wish?

80. Are some laws senior to other laws?
   a. Yes
   b. No

81. What is an example?
82. Have you watched the movie, *What The Bleep Do We Know*?
   a. Yes
   b. No

83. In the movie, *What The Bleep Do We Know*, what substance was tested to show that thoughts affect physical matter?

84. Everything is _____________ _________________ing at a different ______________.

85. When we transmit frequencies, it’s picked up by _____________ _________________ and affects _____________ _________________.

86. Your brain frequencies travel instantaneously and have the same intensity no matter the distance.
   a. True
   b. False

87. All physical laws are really just ____________________.

88. The most senior law, which supersedes every physical law is the _____________ __________ ________________

89. Every vibration you transmit is being attracted to you. The speed in which you will receive what you are transmitting is determined by what three factors:

90. The Law of Attraction works whether you are consciously applying it or not.
   a. True
   b. False

91. Everything you think about, every emotion you feel is a vibration being transmitted. Therefore you and only you create your ________________.
92. What you want _______________ ____________.

93. Anything you can dream, anything you can image, anything you desire you can have provided you believe it without ________________.

94. When you put out a ________________, the universe moves heaven and earth and provides people, situations and events to grant you your desires.

95. Napoleon Hill’s secret to success is defining your ________________ and get a ________________ ________________ for its achievement.

96. The number one goal you should always be shooting for is to ________________ ________________ ________________.

97. Your goal should be feel as good as you can right now.
   a. True
   b. False

98. Your goal should be keep feeling even better.
   a. True
   b. False

99. When defining your dreams you can do so in what three ways?

100. Thoughts are _____________.

101. When your attitude is right, _______ ____________ ____________ ______________.

102. What’s on your radar screen represents 1% of the possibilities. Where is the other 99%?
103. What is the one thing that stops what you're focusing on from coming into your experience?

104. A dream or desire is in a sweet spot when what two things occur?

105. How do you know your dream is in the sweet spot?

106. When writing down your goals and dreams, what two things are most important?

107. The difference between outrageously successful people and you is what?

108. List the two ways to do dream building.

109. What will your income be?

110. What should you have to help you focus on your dreams?

111. When picturing and visualizing your dreams, what are three key elements?
112. When you think of your dream and you’re not in the sweet spot, how do you know?

113. When you think of your dream and feel bad, this means what?

114. The best feeling to have when thinking about what you want is what?

115. Do you subscribe to The Robb Report magazine?
   a. Yes
   b. No

116. Do you subscribe to the duPont Registry magazine?
   a. Yes
   b. No

117. Do you subscribe to Architectural Digest magazine?
   a. Yes
   b. No

118. Do you subscribe to any other dream building magazines on such subjects as, yachting, travel, homes, jewelry, clothing, etc?
   a. Yes
   b. No

119. Success is a ______________ away.

120. Success is the progressive ________________  _____  _____  ______________
__________________

121. The universe will always give you circumstances, situations, people and events that match the ________________ you are vibrating
122. What is the 10 second miracle?

123. What is eliminating mysticism?

124. You’re empowered when you believe and realize you have 100% control and responsibility for everything that happens in your life. You are disempowered when you believe what?

125. How do you increase burning desire?

126. Doubt is basically what?

127. The number one goal everyday and in all situations is what?

128. There are only two basic feelings and varying degrees of each. What are they?

129. Worrying is basically what?
130. If you’re feeling bad, what should you basically do?

131. Over time, all of your negative thinking has created what?

132. The magical moment in your life will happen when what occurs?

133. A powerful statement is, I’m going to do it. ________  ________.  ____________.

134. Go as far as you can see and what will happen?

135. List the three things you should be doing every day.

136. Every time you think a thought, what happens?

137. What do thoughts first attract?

138. How do you know if you are thinking good or bad thoughts?
139. Do you have a dream book?
   a. Yes
   b. No

140. Do you have a dream board?
   a. Yes
   b. No

141. Do you have a specific chief aim?
   a. Yes
   b. No

142. Do you know what your chief aim is as sure as you know what your own name is?
   a. Yes
   b. No

143. Something magical happens when you type your dreams on a piece of paper or in a computer.
   a. True
   b. False

144. How do you get something magical to happen when writing your dreams?

145. When getting pictures of your dreams, how do you make the pictures more powerful?

146. When you have a dream of something tangible and specific you want, how do you make it more real?

147. Should you be looking at pictures of what you want all throughout the day?
   a. Yes
   b. No

148. When are the two best times to focus on your dreams?

149. You must believe it before you _____________ __________.
150. What you really, really, really want, you ____________.

151. What you really, really, really don’t want, you ____________.

152. In order to make your dreams come true, do less _____________ and more _____________.

153. When your dream is in the sweet spot and your thinking is correct, any actions you do will have what specific phenomenon?

154. What are the two major indicators that your thinking is correct?

155. Ideally, in most situations, should you put a time frame on your goal, dream or objective?
   a. Yes
   b. No

156. In life you have to care, ____________ ____________ ____________ _____________.

157. When you’re focusing on your dream and you’re in the sweet spot, the first thing you attract is what?

158. The second thing you attract is…

159. The third thing you attract is…

160. When things are not going well, what’s the number one advantage you have?
161. In every bad or negative situation, the most important thing you must first do is what?

162. If you’re feeling bad, your objective is not to feel fantastic. What is your objective?

163. You can predict the future because why?

164. If you want lots of money, what’s the first most important thing you must do?

165. Never focus on what you don’t want; you should always be focusing on what?

166. When focusing on your chief aim, a good way to describe the intensity of your focus is what?

167. When you decided you want money, the three key elements that will allow you to achieve your goal are…

168. When you have an emotional upset, feel terrible or are under any stress, what is the fastest, most effective technique to eliminate those feelings?

169. If you think you can or you think you can't what happens?
170. Which is more important? Perseverance or Intelligence?

171. The super rich are lucky because they create their own ____________.

172. Do the super rich take risks and gamble?
   a. Yes
   b. No

173. In business, the super rich know what very intimately well?

174. The ____________ focus obsessively and work, work, work! (which is defined as achieving their goals)

175. Bill Gates’ three steps to success are:

176. Using depth of vision, if you were to look at an acorn, what would you see?

177. The bottom line is, it’s not really about the money, it’s about what?

178. You can work and earn money or you can have money____________ and ______________

179. Live within your means is a myth. What is correct?

180. Debt is bad, but what is good?

181. Debt can be defined as:
182. Credit can be defined as:

183. Energy around money always flows easier when you are what?

184. A penny saved is __________ ____________ __________.

185. Save money for a ________________ __________.

186. Reducing expenses automatically puts money in your pocket. The two easiest and fastest ways to reduce expenses are ________________ and ________________.

187. Leaders are always ________________.

188. What is Dale Carnegie’s most famous book entitled?

189. Generally speaking, super wealthy people have what type of personality?

190. Successful people conduct business with other successful people. They have the following three skills:

191. God gave you two ears and one mouth, __________ ____________ ________________.

192. There are six honest serving men and I’ll use them until I die. What are they?

193. The most effective one-on-one communicators do these two things often:
194. When trying to get someone to buy your ideas generally they will say no how many times before they convert to a yes?

195. You can’t manage time, but can you manage your ______________.

196. The system that all successful people are a part of includes:

197. Aristotle Onassis said if he was flat broke, he would do one thing that would reestablish his wealth, what is it?

198. Looking at what you ___________ __________ helps you clarify and define what you do want.

199. Besides using Thought Field Therapy when you’re feeling bad, what are some quick things you can do to change the way you feel fast?

200. Did Thomas Edison fail 10,000 times trying to create the incandescent light bulb?

201. In order to be successful, do you have to be right the majority of the time?

202. People who succeed at achieving success in something, such as Babe Ruth hitting lots of home runs, Ty Cobb stealing lots of bases, Wayne Gretzky getting lots of goals in hockey, Michael Jordan scoring lots of points, all have one other thing in common. What is it?

203. When you get a chief specific aim, it makes you do what?
204. How do you know if you should continue doing something if you’re not seeing results and move on to something else?

205. What is the number one reason people are not motivated?

206. When is a person the happiest?

207. Success is the progressive ___________ _______ _______ ________________

208. Success is a journey ___________ _______ ________________

209. Always follow your ________________.

210. A positive attitude can’t make you do anything, but it will what?

211. Negative thoughts first attract what?

212. We put limits upon ourselves, self imposed limitations and have beliefs that hold us back. They are false. Could you describe the elephant story, the Houdini story and the flea training story?
   a. Yes
   b. No

213. Fear is an acronym that stands for...

   F___________   E___________   A___________   R___________

214. In reality, are there such things as bad events?
   a. Yes
   b. No
215. Could you describe the story of the man in China, who had a son, which shows that there is no such thing as bad events?
   a. Yes
   b. No

216. What is the number one reason why people don’t achieve their dreams?

217. What is the second major reason someone doesn’t achieve their dreams?

218. If you want something, for which there is an abundance of, such as a car, is it good to be very specific?
   a. Yes
   b. No

219. If you want something from which it is limited, such as a specific house or a specific person to do something, is it better to be general?
   a. Yes
   b. No

220. When you realize that you and only you create everything in your life, you also realize that no one is coming to the rescue.
   a. True
   b. False

221. Your wish is at whose command?

222. You can have _______ _______ _______ __________________________ _______
     __________________________ _______ ______.

223. What is the correct order of have, be, or do?

224. Does the Law of Attraction work only when you apply it consciously?
   a. Yes
   b. No

225. Every time you listen to audios or read books, what happens?
226. List the titles from the basic recommended books.

227. A graph or a chart with something specific, such as gross income, physically placed on the wall where you can see it all the time showing weekly results is effective why?

228. The global elite class consists of two groups of people. Who are they?

229. When you use these techniques and shoot for making money, when you finally make all the money you want, it’s not the money you make, it’s what?

230. Five minutes to learn __________ _______________ __________ ______________.

231. Why do so many people who succeed lose what they have?

232. How long does it take to change a negative vibration to a positive vibration?

233. What is faith?

234. If you got into a car accident, but was not thinking of a car accident, how did you, with your thoughts, create the car accident?
235. Every event that happens in your life, whether you perceive it as good or bad, is simply what?

236. The number one disease of the mind is what?

237. A good mantra to repeat is, Everyday in every way...

238. There are two reasons why people buy anything. First is because of advertising, the second is what?

239. Medical doctors and scientists say the mind cannot affect physical health. What “effect” do scientists and medical doctors believe, proves that, in fact, the mind does affect the body and physical health?

240. What’s one fun activity that expands you as a person, expands your vision, expands possibilities and expands your dreams and is related to events?

241. Why do you need to read books, listen to audios and go to functions on a regular basis?

242. The technique of listening to audios over and over again or reading books over and over again is called ___________________ ___________________.

243. You truly know something when you know it as well as your own _____________.

244. When can you stop reading books, listening to audios and going to functions?
245. Is it proven that your thoughts can change your DNA?
   a. Yes
   b. No

246. What’s a simple definition of reframing?

247. In life you have to care, ___________ _________ ___________ ___________.

248. _______________ is feeling bad when somebody else is feeling bad. _______________ is acknowledging that somebody feels bad, but you yourself do not feel bad.

249. Should you have sympathy or empathy?

250. What affects ocean tides, menstrual cycles in women, moods, blood flow?

251. What outside of the earth affects satellites and electromagnetic flow on planet earth?

252. How do you eliminate darkness?

253. You need to learn this material well enough to teach it and the way to learn it that well is to do what?

254. Before you teach this to others, who do you teach it to first?

255. You always have to take care of yourself first before you can help anyone else. A good analogy which makes is point is what?

256. Something that is “keyed in” or “triggered” is what?
257. When you go to a weekend function, what is the most significant thing that could happen to a person?

258. When you go to a weekend function, what is permanently changed?

259. Reading information and listening to information on audio and hearing information at a live event all are perceived differently and affect different quadrants of the brain.
   a. True
   b. False

260. Given a choice to read a new book off the basic book list or reread a book on the basic book list, you should choose to read a new book.
   a. True
   b. False

261. You can only build as high up as your ____________________________.

262. Pete Rose was known for his hitting, but when Pete Rose first started in little league, how good of a hitter was he?

263. Should you focus and practice on your strengths or weaknesses?

264. Throughout this training you will be learning lots of new material, but you’ll always be focusing on what?

265. Who do you listen to morphs into what?

266. Ultimately who do you only listen to?

267. Do you take orders and do what you’re told from experts or authority figures, such as doctors, lawyers and accountants?
   a. Yes
   b. No

268. You only take orders from _____________________.

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269. The Chinese proverb defining insanity is what?

270. If you continue to do what you’ve always done…. 

271. Many people don’t have years of experience. They have one year of experience repeated over a number of years, so a salesman who says he has 25 years sales experience may have only one year of sales experience repeated how many times?

272. In order for the training balance scale to be balanced, you don’t put 50% of effort on each side. What percentage of it do you put on the attitude side?

273. When your ________________ is wrong, the actions you do to make your dreams come true will not create positive results.

274. When your attitude is ________________, any activity you do to make your dreams come true will be pleasurable and will create spectacular results with very little effort.

275. Donald Trump says there are two key elements to becoming successful. What are they?

   a. True
   b. False


278. Self awareness is a key common denominator of all successful people. Self awareness can be defined as having the ability to do two things; to be aware of your ________________
    and be aware of your ________________.

279. In the Universe, everything is ultimately ________________, ________________, ________________.

280. The brain/mind does two basic things; _______________ and _______________ frequency or vibration.
281. If somebody else is broadcasting negative frequency toward you, does it control your physical body or what happens in your life?
   a. Yes
   b. No

282. If a person is broadcasting negative frequencies toward you, what does it influence?

283. What is the only frequency that can affect you and create your own reality?

284. Do somebody else’s negative thoughts about you have any effect on you?

285. What is the failure disease?

286. What leads to hardening of the attitudes?

287. What device is useful at neutralizing negative energy from other people and machines?

288. Napoleon Hill’s phrase ‘chief aim’ is also described as ______________ of ______________.

289. When you are truly focused on your chief aim and have singleness of purpose, it can be said that you have a/an ________________.

290. ______________ + ______________ = Success

291. Success is a ______________ away

292. The facts don’t count when ___________ ________________ _______ ____________.

293. What law allows you to create your own reality?

294. Earl Nightingale rephrased the Law of Attraction by calling it The Strangest Secret, you…

295. Taking 100% responsibility for everything that happens in your life is called what?
296. Napoleon Hill says, there are two things you need to do to achieve what you want in life. What are they?

297. When thinking a negative thought, what word do you repeat two times to neutralize it?

298. What should you call problems instead of problems?

299. Ed Foreman asks the question, “How are you?” What is the best response?

300. It’s common to say in the midst of a crisis, “Someday we’ll look back at this and laugh.” If this is true, what’s a good thing to do in a midst of a crisis?

301. If you want to be successful, do the right things ___________ ___________ ____________.

302. A. L. Williams, the founder of the insurance company, was noted for saying to people “_________ ________ _________!”

303. Successful people are always too busy doing what?

304. Successful people are always willing to do what the other guys ___________ ____________ ____________ ____________ ____________.

305. Successful people are always willing to do what other people think is ____________.

306. We don’t sing because we’re happy, we what?
307. When you make a decision or commitment, how soon must you take action or you’ll spiral downward?

308. Never do something for someone that what?

309. Don’t major in the ______________.

310. When observing other people and yourself you can find out what their focus is by listening to what they’re talking about. What are the three basic areas people talk about the most?

311. If there was one objective you should be focusing on everyday and every minute of the day, it is what?

312. Cavett Robert describes character this way…

313. The best things will always happen when _______ ___________ ___________ ______.

314. Great things always happen when there is what?

315. Will Rogers said what about people?

316. Most people confuse activity with what?

317. The example that describes this is ________ __________________ _____________ story.

318. Another way of describing the Law of Attraction is what you want ______________ ________.
319. When you’re thinking about something tangible that you want, what are you really vibrating?

320. The success or momentum cycle says, success builds confidence, confidence creates…

321. Activity creates _____________.

322. Habits create results. Result creates ________________, which builds confidence.

323. Plugging in to the system of reading books, listening to audios, attending events, building relationships with like-minded people and giving and receiving recognition ultimately has one major effect. What is it?

324. When involved in a business or money making venture, you have to have a high level of belief in various areas. What are they?

325. If you are not ‘at cause’ over your environment, you are at what?

326. When you take 100% responsibility for everything that happens in your life, you realize you are in 100% _______________ of your life.

327. Whatever you ask for, it is ____________ to you.

328. There is a difference between having a goal and a dream that you believe in and a wish. You must have a dream, but don’t what?

329. Since you make the rules in your life, always set the rules so that you set yourself up to ____________.

330. What is a major thing that the mind does when reading books and listening to audios?
331. When you are listening to audios and reading books, you're virtually doing what to yourself?

332. What are the most important beliefs you can have relating to achieving your goal?

333. It's important to realize that the controlling elite class of the world wants you to do what?

334. All successful people had a very easy go of it. Everything worked super smoothly and all the doors opened. They got no resistance and they faced no challenges that they had to overcome.
   a. True
   b. False

335. Successful people and failures all get noes when trying to achieve their dreams. The difference between successful people and failures is what?

336. Earl Nightingale says, successful people are not people without problems, they are people who have learned how to what?

337. Successful people and unsuccessful people both get knocked down. The difference is successful people do what?

338. A decision is defined as…

339. Successful people are constantly thinking and talking about what they do want. Unsuccessful people generally are doing what?

340. In every single situation that happens to you, you can find something negative or ____________.
341. Unsuccessful people generally talk about negative events that happen in the past. They tell these stories over and over again. Successful people usually talk about what?

342. How many seconds does it take of you focusing on a vibration for it to stick?

343. How many hours of activity is 14 seconds of thought equivalent to?

344. 28 seconds of focused thought gives you how many equivalent hours of physical work?

345. Can your thoughts and the Law of Attraction make someone do something?
   a. Yes
   b. No

346. Hundreds of years ago, before the Law of Attraction and this information was described in the scientific quantum physics terms, it was taught in the secret societies as what?

347. Outside influences cannot control your life, but they can ______________ your life.

348. Who creates what outside influences are in your life?

349. In order for you to define your dream, what is the first thing you must do?

350. When you define your dream, you have clarity of what?

351. Every good thing that happens in your life can be traced back to what?

352. Sometimes negative situations continue to happen and become bigger negative situations one after the other, which causes you to do what?

353. If you have a chief aim that is really big and hard to believe in, what should you focus on?
354. If you are obsessed with your chief aim, can you still have a well balanced life?
   a. Yes
   b. No

355. If you find a very successful person who has what you want, should you mimic and model what they're doing, how they are thinking, and how they are acting?
   a. Yes
   b. No.

356. How should you mimic and model successful people who have what you want?

357. What kind of books are good to read to learn how successful people thought and acted when they were first starting out?

358. Do you understand the difference between something you want and something you don’t want?
   a. Yes
   b. No

359. The success cycle can also be called the _______________ cycle?

360. When your thoughts are correct and you’re really focusing on what you want and are in the sweet spot, you’re motivated to do what?

361. Do successful people “work” or “sacrifice” or “struggle”?

362. There are two indicators that your thoughts are in the sweet spot. What are they?

363. Activity done when your thinking is not right will have two effects. What are they?

364. Activity done when your thinking is correct will have two effects. What are they?

365. Success breeds ______________.
366. If you want things in your life to change, you have to what?

367. It’s better to be an hour early than _______ _________ _________.

368. When attending any events or meetings, the first rule is always to what?

369. When listening to speakers, always ___________ ____________.

370. List the three attitude things you should focus on during all meetings.

371. At all meetings, one rule of thumb, in relating to the other attendees, is what?

372. When working toward a goal and not seeing results, you are experiencing what?

373. When you’re on fire what happens?

374. People who are always asking negative questions or asking questions about things that really have no relevance or asking questions about things that could go wrong are experiencing what phenomenon or scenario?

375. In reality you don’t attract success, you do what?

376. Is it true that some of the benefits of going to events include, expanding your dream, seeing things in a different way, getting into a different routine, meeting different people and thinking differently?
   a. Yes
   b. No

377. Does the way you dress affect the way you think about yourself?
   a. Yes
   b. No
378. How should you dress at functions?

379. Should you "let loose" and be very enthusiastic with applause at events?
   a. Yes
   b. No

380. When going to functions, are there benefits of not being in the function when a speaker is presenting, but rather in the halls talking with other members?

381. Do you benefit when you enthusiastically and genuinely appreciate and recognize other people's accomplishments on stage?
   a. Yes
   b. No

382. How do you know if you are doing the right things?

383. You plant a seed for a Chinese bamboo tree and after watering and fertilizing it for 7 years, in a period of 60 days, it grows 90 feet. Did it grow 90 feet in 60 days or 90 feet in 7 years?

384. The Chinese bamboo story is good example of what two basic concepts?

385. Does doing something consistently mean every hour, every day, every week, every month?

386. Can you describe Zig Ziglar's water pump story?
   a. Yes
   b. No

387. What is the method when somebody just tries it and watches it to see if it moves then tries it again to see if there are any results?

388. Jedi knights don't try…

389. Finish this from Star Wars. “I don't believe it…”
390. I’m going to do it. ___________ ___________ ___________.

391. There are two aspects of all the GIN training. What are they?

392. There are two ways to learn how to apply this in real life. What are they?

393. The ‘Do It Now’ concept is reflected in this statement; Successful people are too busy…

394. The brain and mind are two separate entities.
   a. True
   b. False

395. The mind has physical ____________.

396. You can have, be, or do anything and everything you want.
   a. True
   b. False

397. You can do it.
   a. True
   b. False

398. You are a winner.
   a. True
   b. False

399. You are an over-comer.
   a. True
   b. False

400. Not taking action on a commitment or decision within ___________ ___________ is, in fact, breaking an agreement with yourself, which has massive negative consequences.

401. The reason why you need a do it now mentality is tomorrow ___________ ____________.

402. Don’t make a mountain ___________ ___________ ___________ ___________.

403. Don’t sweat the ____________ ____________.

404. It’s all ____________ ____________.
405. When working with a team or in a business environment, there’s a phrase; “Build the people and the people will what?

406. In dealing with people in situations, it’s easy to find something wrong. You should always be looking for the ____________.

407. When you dig for gold, you have to move tons of dirt to find just a few ounces of gold, but you what?

408. Make negative comments to others verbally, but make positive comments to others, how?

409. When giving a criticism, it’s always best to use the sandwich technique, which is what?

410. It’s better to work ________________ than hard.

411. There’s a story that describes two men chopping wood. One man always out-chopped the other even though he spent less time and effort chopping. How did he do this?

412. Everyday you’re bombarded with negative energy from television, radio, friends, family, neighbors, coworkers, etc. This is one reason you have to do what five things?

413. When your energy is positive enough and you’ve gone through the training long enough, you get to a point where negative influences and people have little or no effect on you. When you’re around negative influences, what conversely happens?

414. Don’t let anyone ________________ ___________ ____________.
415. After you go through any part of this training, you are permanently changed. Therefore we almost always end sessions by saying what?

416. Do successful people have a genetic disposition or a certain genetic DNA vibration that creates their success?
   a. Yes
   b. No

417. Can anyone with their mind change their DNA and genetic disposition and turn themselves into a success magnet?
   a. Yes
   b. No

418. Henry Ford did not want people to know what?

419. Around the world, where people have lost hope, it’s caused by what two things?

420. Can you describe the 100th monkey syndrome?
   a. Yes
   b. No

421. There are two mindsets that you should have that will make your life much, much easier and keep you in a positive vibration. What are they?

422. Can physical objects or spaces, such as rooms and homes, have negative or positive energy attached to it?
   a. Yes
   b. No

423. The true goal of membership in the Global Information Network is to help you do what?

424. How does the global elite want to make you feel?
425. What areas of society does the controlling parasitical elite class want to have monopoly and control over?

426. Every day, at every moment, you are either at one of two energetic places in the universe. What are they?

427. The media; TV, radio, newspapers, magazines, music, movies and even politicians in their speeches, all use two techniques to program your mind and brainwash you. What are they?

428. What are some other ways to describe ‘At Cause’?

429. What are some other ways to describe ‘At Effect’?

430. In actuality, Mysticism is a disease of the mind, which causes a disease of the what?

431. Don’t blame anyone else for what’s happening in your life. Remember, any time you point your finger at someone, there are what?
432. Draw out the two ways information can be shared.

a. The direct route

b. Through other people route

433. What are the two reasons why you get what you want when you least expect it?

434. Is there a plateau to feeling good, where you can’t feel any better?

435. Do not think that you have to feel fantastic or great. Feeling good now really means what?

436. What are two short term fixes that make you feel good, even though they are actually short circuiting you?

437. Donald Trump said, in the midst of a disaster, when everything is going terribly wrong, he would do what?

438. The way the controlling powers want to control you is to do things or encourage you to do things to make you lose your what?
439. Since success builds confidence and you set the rules to determine what is successful, you should always set the rules so that you can do what?

440. Believing that something is going happen and then having it actually happen is sometimes called a self-fulfilling ________________.

441. Negative energy is heavy, while positive energy is ________________.

442. When somebody has negative energy trapped in the body, what symptoms will occur?

443. If you had an event in the past that when you think about it causes you emotional distress or makes you feel bad, what is an effective technique to use to eliminate any negative energy that is stored?

444. We all have patterns of activity and habits. (The things that we do the same every single day.) A good way to develop success is to do what with these patterns and habits?

445. There is something you can do with your face that will instantly make you feel better. What is it?

446. Dr. Norman Cousins, in his book *Anatomy of an Illness*, found this one technique releases stress, releases endorphins, makes you feel better and can actually cure disease. What is it?

447. Reading books causes you to use your ________________.

448. Can you still create a mastermind if people are not in the same location, such as a conference call?
   a. Yes
   b. No
449. Is a mastermind more powerful when people are physically in the same room?
   a. Yes
   b. No

450. There is one little trick that will make dream books and dream boards work even better. What is it?

451. Where are good places to put pictures of your dreams?

452. You should have your chief aim on a card that you carry with you all of the time and look at as much as you can.
   a. True
   b. False

453. The two best parts of the day for you to count your blessings, be thankful, show appreciation and gratefulness for everything in your life are when?

454. When somebody does something bad, there is a game you can play to make you feel better about the situation. What is it called?

455. Changing words can dramatically shift _____________. Changing the word ‘like’ to ‘love’ or ‘that makes me angry’ to ‘that makes me a little peeved’ can dramatically shift the way you _____________.

456. Most of the time, it’s best to choose words that increase ____________ emotion and choose words that decrease ____________ feelings.

457. Saying a word has energy because the sound has energy attached to it. What is even more important than the word and the sound of the word?

458. What are two very powerful words that you should use and can use very often?

459. All of the training is designed to help you get you what you want. We do this by getting you to achieve two things. What are they?
460. What are three kinds of handshakes?

461. When you shake someone’s hand, what’s the one other thing you can do to the person to create a good connection?

462. In some cultures, handshakes are replaced by what two things?

463. In dealing with a person, you don’t want to stare at them, but you do want to do what?

464. You should what more than you talk?

465. When having a conversation, it’s better to do what than constantly make statements?

466. Dale Carnegie says everyone has a sign on their forehead. What does it say?

467. What is everyone’s favorite subject?

468. When dealing with people, according to Dale Carnegie, always show them genuine what?

469. What can cause a stagnation or stopping of energy and can also cause you to feel frustrated or tense in your home, work environment or other physical space?

470. Will a clean and organized house, office, car or any other physical place you’re in help your energy and how you feel?
   a. Yes
   b. No

471. There is a powerful technique, as one of the elements in the “system,” that other people do to you that makes you feel amazingly good. What is it?
472. In order to get the most out of being recognized, what should you do when others are being recognized?

473. Studying leadership is important because the most important person you have to lead is who?

474. You should never be where you want to be, but you should be outrageously happy where you ________________.

475. There will always be outside influences and forces in our life. You should know that you must be at cause over them instead of at effect to them. What are the two realizations you must have?

476. You must always take control and command of your ________________, ______________, ________________ and ________________.

477. One person with a commitment is better than a thousand people with a/an ________________.

478. Most people react to situations. What you need to do is take control of how you ________________.

479. When compared to war, all other human endeavors ________________ ________________ ________________.

480. A commander will ________________.

481. Who is the commander, the general, the leader of your life?

482. In business, executives are sometimes called ________________.
483. In your life, you are the commander, the leader, the general. You are in charge. You are not a ______________ of your life.

484. Anything and everything that has happened in your life, who has caused it?

485. A good commander is tactically aggressive and loves a good ______________.

486. A winner loves a fight and a challenge because they know in the end they will what?

487. Leaders have strength of character. Cavett Robert described character how?

488. When the going gets tough, __________ __________ __________ ____________.

489. John Paul Jones’ ship was devastated by the British. On the verge of annihilation and when asked to surrender, John Paul Jones is quoted as saying what?

490. Leaders show steadiness of purpose.
   a. True
   b. False

491. Leaders always take full acceptance of ______________.

492. Leaders always have lots of emotional, mental and physical ______________.

493. Generally speaking, should the body’s feelings control thoughts or should the mind or thoughts control the body?

494. Good commanders always have good ______________.

495. Where do leaders lead from?

496. You can’t push a rope, you have to ______________.
497. Good commanders never ask other people to do something that they’re what?

498. I would rather see a sermon than ____________ ____________ ____________ ____________.

499. Dominate, but never ________________.

500. Words are important. It is important to find the exact definitions of words. You do this by doing what?

501. Starting a cycle and bringing it to completion is key. A leader will always, when given an order, ____________ ____________ ____________ ____________ ____________.

502. Can you describe the story when Patton gave an order to dig a trench to a group of men?
   a. Yes
   b. No

503. A leader is either a leader or he is a ________________.

504. Leaders make important decisions, which affect their core values quickly and decisively.
   a. True
   b. False

505. You will fall for anything if you don’t ____________ ____________ ____________ ____________.

506. Egotistical leaders are not bad. Patton says cherish your ____________ ____________.

507. Someone who is “egotistical” can also be said to have high levels of what?

508. Generals must never show discouragement, doubt or fatigue.
   a. True
   b. False

509. If you want to feel enthusiastic, what do you do?
510. When you look the part and act the part, you will begin to ___________ the part.

511. If you keep listening to certain people and hanging around certain people, you'll turn out how?

512. See yourself as how you want to be, not how you are. Act, dress, talk, and think like the person you want to be and you will become ___________ _____________.

513. Leaders have a “knowingness.” There is one thing you can do, which shows you have a knowingness. What is it?

514. When you speak you can be wrong, but you should never be in ____________ when you speak.

515. When addressing other people in a commanding way, do not sit. It's better to do what?

516. You can give yourself an order to have a great day by doing what?

517. In every negative situation that happens to you, it’s important that you always what?

518. When speaking, the ____________, ____________ and ____________ in your voice, the body movements, the emotion you have when you speak, have a huge impact on the effectiveness of the words.

519. What is the single, most powerful phrase you can ever tell somebody to encourage them, motivate them and make them feel good?

520. Winners do more than is required. They go the extra _____________.

521. Do more than what you're paid for and soon you will be…
522. To command an army well, a general must think of nothing else. This can be described as what?

523. You will win because you will never lose. You will always win if you never accept what?

524. Failure only happens where?

525. You will never be defeated if you refuse to __________ defeat.

526. It’s not over until you what?

527. Quitters never win and winners never __________.

528. Say these words out loud: I will win because I will never lose. I am a winner.

529. When you throw out feelings of negativity such as, hate, anger or jealousy towards someone else, this boomerangs and comes back and negatively affects you. Conversely, when you recognize somebody else for their achievements and throw out praise, encouragement, recognition, love and good, positive thoughts towards someone else, it boomerangs and comes back to you even more powerfully and positively affects you. This is one reason why ________________ is so important.

530. When the student is ready, __________ ________________ __________ ____________.

531. Having confidence in yourself, believing in yourself, having high self-worth, a high self-esteem and believing you can do it, is one key to ____________.

532. Instead of having an inferiority complex, it’s better to have a ______________ complex.

533. Keep moving and the enemy will never catch you. Always move forward. Never dig in and try to hold your ground. When in doubt, always what?

534. There is no such thing as stagnation. You are either growing or you are what?

535. Action is always preferable to ________________.
536. Never get hung up on the ________________.

537. Stationary and defensive positions are ________________.

538. Patton says, when you read something you’ll always need to do what?

539. Successful people are always willing to do what the other guys are ____________ ____________ ________________ ________________.

540. Never rely on second hand opinions or information spoken in generalities. Always get specific, detailed and accurate facts, details, information and statistics.
   a. True
   b. False

541. When asking questions to get accurate information, there is a key word you can use. What is it?

542. Never assume anything. When you assume, you just do what?

543. Tired commanders are always what?

544. Most reports and information you get are not objective. They are what?

545. When you are physically, mentally or emotionally tired, what should you do?

546. In life, nothing is as bad or as ______________ as it seems.

547. Worrying is thinking about what you don’t want to happen. It can, therefore, be defined as what?
548. When you are thinking right, you become luckier. Opportunities, situations, people and events will start presenting themselves in unique and mysterious ways. Expect this to happen. The key is that when it does happen, you do what?

549. Successful people are smart enough to take advantage of fortuitous situations that miraculously present themselves.
   a. True
   b. False

550. If you start believing you’re lucky, saying you’re lucky, expecting to be lucky, what will happen?

551. Saying phrases such as, “I am lucky, everything goes my way, everything works out to my advantage, I always end up on top, I always win, things always work out for me,” creates beliefs and therefore, the ________________.

552. Is there ever a perfect right time to take action?
   a. Yes
   b. No

553. When is the best time to take action?

554. A good plan, violently executed now, is better than a perfect plan executed ____________.

555. It’s good to have a battle plan, an alternate and several contingencies, but you should not wait for perfect circumstances or wait for a perfect plan.
   a. True
   b. False

556. Wars are not won by equipment. They are won by what?

557. You don’t need anything to succeed. You don’t need money, tools, equipment, machines, technology, etc. A man with a _________________ will always win.

558. It’s the _________________ in a man that makes him win; the belief, enthusiasm, commitment, a decision, motivation, determination, perseverance, persistence, belief in themselves, believe in their dream.
559. If you had a choice between a brilliant, super intelligent staff member and a loyal one, who would you choose?

560. Is it more important that your people are loyal to you or that you are loyal to your people?

561. Together we stand, divided we ____________.

562. Sometimes we have conflicting or counteracting beliefs, such as money can’t buy happiness and you only get what you pay for. It’s important to be ________________ with your beliefs.

563. Do two horses pulling a wagon pull twice as much weight?

564. To lead is to ________

565. Who is the most important person you should be teaching?

566. Who’s the best teacher, trainer, mentor, guru or coach that you can have?

567. Watch the words you speak. Most importantly, watch the words you say to yourself. When you talk to others about yourself, always talk in positive terms. Never tell negative situations. When speaking to yourself, always speak encouraging, motivating, enthusiastic, positive thoughts and words.
   a. True
   b. False

568. Should you ask yourself questions and give yourself answers?
   a. Yes
   b. No

569. Who’s the best person to motivate you?

570. A good leader is never bashful about showing pride in themselves or the organization. Remember that you ARE the best!
   a. True
   b. False

571. If you don’t love yourself, __________________ _____________ will love you.
572. Praise publicly and often.
   a. True
   b. False

573. Who should you be praising and patting on the back most of all?

574. Praise should not be general. It's better if praise is what?

575. Review and focus on accomplishments. Make praise generous, specific and genuine. Always focus on the ________________ not the failures.

576. Congratulations and praise should always end by looking toward the ______________.

577. Is it good to praise in advance of an accomplishment yet to be achieved?
   a. Yes
   b. No

578. Always set the bar ___________ ___________ ___________ ___________.

579. Can you achieve greatness and make all your dreams come true?
   a. Yes
   b. No

580. Before you impact and change the life of others, you must first impact and change the life of who?

581. True success is not what you've done compared to what others have done, it's what you've done compared to what?

582. Is there a pattern for success? Are there common denominators that all successful people have?
   a. Yes
   b. No

583. Mark Twain said, I'll never let my schooling interfere with my ____________.

584. David Cooper used a technique when listening to audios that helped him learn the information. What was his technique?
585. Whether you believe in the Law of Attraction or not, does it still work?
   a. Yes
   b. No

586. Doubt can ___________ a ship.

587. The common denominator of all successful people is that on the route to success they faced
   a multitude of ____________, ____________ and ____________ situations.

588. After each negative disastrous situation, ________________ ______________ have the
   ability to focus on what they want and make things better.

589. Unsuccessful people operate out of ________________.

590. The common denominator of ________________ is operating out of fear, which is the act of
   thinking of what you don’t want.

591. A burning ________________ is something you think about all of the time and something you
   are obsessed with.

592. In negotiation and in the dealing with people, you have to care, but not that much. You have
   to be in a position of power. The person who is in the most powerful position in a relationship
   or negotiation is the person who cares the ____________.

593. When visualizing and picturing what you want, sometimes there is an advantage of making
   the picture very big, crystal clear and putting yourself in the picture, but even more so, you
   should add how you feel, color, smells, sounds and tactile textures.
   a. True
   b. False

594. Perception is ________________.

595. When two people look at the same thing and claim to see different things, it’s because of
   their internal ________________.

596. Internal ________________ shape our understanding of reality, our viewpoint and our
   perspective.
597. Recognizing and acknowledging that everyone has a different viewpoint and perspective of something gives you a big advantage in dealing with people.
   a. True
   b. False

598. When you read a book or listen to an audio over again at a later date, it’s called reading or listening in a new __________ of time.

599. Every time you read a book again or listen to an audio again, you get something new out of it.
   a. True
   b. False

600. You have to know and believe that what you are doing is ____________.

601. Business and life can be classified as a ________________.

602. If you want to have fun playing or watching a game, you have to know two things; the score and the rules. Who makes up the rules to your life or business games?

603. Always make up the rules so it is easy for you to ________________.

604. Knowing the ________________ allows you to focus on what’s important.

605. Since success builds confidence and confidence creates activity and activity creates success habits, which creates results, which creates more success, you want lots of _________________. Since you define what a success is, it’s important to define success so that you get lots of successes every day.

606. Knowing the ________________ allows you to know the things in your business and life that need attention and focus.

607. Always do the right things long enough constantly and you’ll get the results. The great pool champion, Irving Crane, told the young future ten time world champion, Mike Sigel, to keep playing in tournaments even though he hadn’t won because “when it’s your turn to win, you will ________________.”
608. When processing data, the mind goes through several steps starting with the think stage. What are the four other steps?

609. When you write things down on white paper with blue ink or write things in a Priority Manager and rewrite things, the advantage is that it creates more neuropathways in the brain than when typing things into an electronic device, such as a computer. You will remember more information and have more data at your mental fingertips. Does this give you an advantage in life?
   a. Yes
   b. No

610. When information is at your mental __________, you have a tendency to think about it more.

611. When you have more __________, __________ and __________ in your brain’s “ram” and memory, it allows you to process decisions and come to conclusions more effectively and efficiently.

612. A __________ person says, “I use the shotgun approach. If I throw enough stuff against the wall, something is bound to stick.”

613. Successful people do not use the __________ approach. They focus with a single important purpose.

614. When somebody, who has what you want, gives you a “recommendation” or suggestion or something to consider, is it something you should do?
   a. Yes
   b. No

615. When dealing with people, there is always an exchange. There are three kinds of exchanges; an uneven exchange, an equal exchange and an exchange at abundance.
   a. True
   b. False

616. If you want to stay in business you have to deliver what you promise. If you want to prosper in business deliver __________ than you promise.

617. A master is somebody who has mastered the __________.
The following is a list of things that you can do to help you feel good now.

Check off what you do on a regular basis.

**HEALTH**
- Eat organic food
- Eat organic fruit & vegetables
- Drink organic juice
- Take a whole foods supplement [http://www.farmacywellness.com/](http://www.farmacywellness.com/)
- Take vitamin D3
- Take omega-3’s
- Take vitamin E
- Take coral calcium
- Use organic honey
- Eat breakfast
- Lose weight
- Get a good night sleep between 10pm and 6am
- Sleep on a magnetic sleep pad
- Correct your posture
- Do a colon cleanse
- Do a liver gallbladder cleanse
- Do a kidney spleen cleanse
- Do a heavy metal cleanse [http://www.helpingamericatog ether.com/](http://www.helpingamericatog ether.com/)
- Do a parasite cleanse
- Whole Body Cleanse
- Do a purification program
- Alphabiotics
- Oral Chelation
- I.V. Chelation
WELLBEING
- Exercise
- Swim
- Walk outside in the sun
- Listen to music
- Stretch
- Yoga
- Tai Chi
- Chi Gung
- Kung Fu
- Martial arts
- Reiki
- Use a rebounder
- Use an inversion table
- Use a vibration plate
- Use deep breathing techniques
- Meditate
- Get a massage regularly
- Time massage
- Sunbathe
- Take a bath
- Acupuncture
- Reflexology
- Fast
- Do colonics
- Rolfing
- Go to a sauna
- Cranial cycle therapy
- Chiropractic therapy
- Buy a plant
- Breathe
- Count your blessings
- Be thankful
- Show appreciation for everything
- Ask yourself daily, what am I thankful for?
- Dr. Morter’s Bio Energetic Synchronization Technique
- Total Body Modification
- Energetic Rebalancing
RECREATION
☐ Fencing
☐ Boxing
☐ Ride a horse
☐ Bike
☐ Ski
☐ Skate
☐ Hike
☐ Rock climb
☐ Parasailing
☐ Go canoeing
☐ Paint
☐ Draw
☐ Do pottery
☐ Cook
☐ Garden
☐ Bowl
☐ Play tennis
☐ Go golf
☐ Play ping-pong
☐ Billiards
☐ Go fishing
☐ Go boating
☐ Travel

LAUGH A BIT
☐ Make models
☐ Play with Lego’s
☐ Erector sets
☐ Lincoln logs
☐ Get a chemistry set
☐ Play board games
☐ Play with a child
☐ Play with a pet
☐ Watch movies
☐ Watch cartoons
☐ Create something with your hands
☐ Get a hobby
☐ Sing
☐ Dance
☐ Drink wine or beer
☐ Throw a party
☐ Go to an amusement park
☐ Go to the zoo
☐ Smile
☐ Laugh
☐ Hug
IMPROVE
☐ Clean and organize home, work, car, etc.
☐ Start and finish a cycle
☐ Finish incomplete cycles
☐ Go to events for inspiration, motivation and training
☐ Build new relationships with like-minded people
☐ Dress for success
☐ Get out of debt
☐ Live below your means
☐ Create a dream board
☐ Create a dream book
☐ Do It Now
☐ Integrate the Priority Manager into your life
☐ Do something for your dream every day
☐ Learn something new, like a foreign language
☐ Go to a museum
☐ Read positive thinking books and novels
☐ Listen to audios
☐ Do a puzzle or crossword
☐ Play a music instrument
☐ Dianetics
☐ Go dream building; physically touch things you want

GIVE BACK
☐ Give compliments
☐ Do something nice
☐ Say please and thank you
☐ Shake hands with others
☐ Look in other people’s eyes when talking to them
☐ Listen more than talk
☐ Volunteer
☐ Publically recognize somebody for their achievements
☐ Speak positive words
AVOID OR ELIMINATE
- All prescription and non-prescription drugs
- Artificial sweeteners, like aspartame, Splenda, high fructose corn syrup and monosodium glutamate
- Genetically modified food
- Corn fed meat and dairy products
- Corn
- Soy beans
- Canola
- Sodas
- Mineral oil
- Vaccines
- Shellfish
- Farm raised fish
- Pork
- Propylene glycol
- Magnesium stearate
- Talc powder
- Chlorine
- Nitrates
- Fluoride
- Sodium laureth sulfate
- Stearic acid
- Hypnosis
- Root canals
- Florescent lights
- Get rid of mercury fillings.
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